

# PUBLIC HEALTH

ELKHORN LOGAN VALLEY PUBLIC HEALTH DEPARTMENT

APRIL 2017

## Lead Safety & Facts

Lead poisoning is caused by swallowing or breathing lead. Children under 6 years old are most at risk.

**FACT:** Lead can cause learning and behavior problems

**FACT:** Most children get lead poisoning from paint in homes built before 1978

**FACT:** A lead test is the only way to know if a child has lead poisoning.

**What does this mean for Child Care Providers?**

View the EPA's Lead Paint Childcare Provider brochure [here](#)



The EPA regulations now mandate that any contractor or maintenance staff, from plumbers to electricians to painters, who disturbs more than six square feet of paint or replaces windows while working in a pre-1978 in-home or child-care facility, must now be Lead-Safe Certified and trained in lead-safe work practices.

To Learn More Visit:

[epa.gov/getleadsafe](http://epa.gov/getleadsafe)

**Was your child care facility built before 1978?**

**If Yes, then the EPA's new regulations (see side bar) applies to your facility if you are doing any painting, repair or maintenance work including plumbing that will disturb six feet or more of drywall and/or include the replacement of windows.**

**Even for small jobs the key is to use lead-safe work practices and a lead-certified contractor to ensure the safety of the children and adults at your facility.**

## In This Issue

- Lead Safety & Renovation Regulations
- ELVPHD Immunization Schedule
- Pediatric CPR
- Healthy Teeth Forever
- Sun Safety
- Where to find us

## ELVPHD Immunization Clinics to be held in 2017

### Cuming County Immunization Clinics:

**WEST POINT:** Cuming County Courthouse Meeting Room; 200 S. Lincoln Street  
10:00 am – 3:30 pm: April 20, May 18, June 15, July 20, August 17, September 21,  
October 19, November 16, December 21

**WISNER:** ELVPHD Wisner Office, 2104 21<sup>st</sup> Circle  
8:00 a.m. – 4:30 p.m. Monday – Friday  
Must call ahead for an appointment and to make sure a nurse is available

### Madison County Immunization Clinics:

**MADISON:** Madison Medical Clinic, 222 S. Main Street 1:00 pm – 5:00 pm:  
May 1, July 3, September 11, November 6

**NORFOLK:** ELVPHD Norfolk Office, 302 W Phillip Ave  
10:00 am – 3pm on the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Wednesday of the Month  
1:00 pm – 6pm on the 4<sup>th</sup> Wednesday of the Month  
Appointments are required for the Norfolk Clinic

Parent or guardian must be present. Please bring a copy of your child's most current immunization record and any insurance or Medicaid information if applicable. ELVPHD provides immunizations to both VFC eligible children and those privately insured.

## ELVPHD Immunization Clinics Now Available

The Elkhorn Logan Valley Public Health Department is now offering VFC and private immunizations to children in our service area. Please call 402-529-2233 to schedule an appointment.



### CPR & First AID CLASSES AVAILABLE

ELVPHD offers pediatric and adult Heartsaver and First Aid classes for child care providers. Please call 402-529-2233 for more information.

## Healthy Teeth Forever

From the fall of 2016 through the spring of 2017 ELVPHD has proudly served 7 childcare centers with their oral health program with over 200 kids receiving fluoride varnishes, screenings and oral health education.

In 2017, we will continue our work of preventing cavities in young children in child care and promoting good dental health through our Healthy Teeth Forever program which will expand fluoride varnish services and education to more child care sites in our service area.

If your childcare is interested in participating in this program please contact Nikki at ELVPHD at 402-529-2233 OR [nikki@elvphd.org](mailto:nikki@elvphd.org)



### Where to Find Us:

#### Office Locations

- 2104 21st Circle, Wisner, NE
- 302 W Phillip Ave., Norfolk, NE
- 1121 S 13th Street, Tekamah, NE

We're on the web: [www.elvphd.org](http://www.elvphd.org)

#### We post, we tweet, and we pin!

- [www.facebook.com/elvphd](http://www.facebook.com/elvphd)
- [www.twitter.com/elvphd](http://www.twitter.com/elvphd)
- [www.pinterest.com/elvphd](http://www.pinterest.com/elvphd)

## You can make a difference!

Children need sun protection and to be taught about sun safety since unprotected exposure to the sun during youth puts them at increased life-time risk for skin cancer.

We encourage you to implement sun safety policies at your childcare such as:

- **Require sunscreen during outdoor play & help them apply it**
- **Encourage hats &/or sunglasses when needed.**



### Did you know?

**One or two blistering sunburns in childhood may double the lifetime risk of developing melanoma.**